

Menus for March 2024



Henry
County
Middle
Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):

Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Stuffed Crust Pizza
Chicken Wrap
Choice of Low Fat Milk

*Pork products listed in pink.



School Meal Prices	School Breakfast	School Lunch
Students Grades PK-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Visitor	\$2.25	\$3.50

Featured Specials of the Day

Friday, March 1

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

Monday, March 4

Strawberry Mini Pancakes, Breakfast Bun
1. Ravioli w/ Roll 2. PBJ/Wow
Sandwich w/ Chips, 3. Meat eaters Pizza
Whole Kernel Corn, Carrot Sticks w/ Ranch,
Mandarin Oranges

Tuesday, March 5

WG Muffin w/ Yogurt, Breakfast Frudel
1. Spicy Chicken Sandwich 2. Chicken Sandwich, 3. Garden
Salad w/ Chicken, 4. PBJ/Wow Sandwich w/ Chips,
Potato Tots, Garden Salad, Applesauce

Wednesday, March 6

Sausage Biscuit, Assorted Cereal,
1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich
w/ Chips, 3. Grilled Cheese Sandwich, Steamed Broccoli,
Mashed Potatoes, Fresh Apple,

Thursday, March 7

Breakfast Pizza, Frosted Breakfast Pastry,
1. Beefy Nachos 2. PBJ/Wow Sandwich w/ Chips,
Salsa, Black Beans, Carrot Sticks w/ Ranch,
Frozen Juice Cup

Friday, March 8-Half Day

Chicken Biscuit, Assorted Cereal,
1. Hot Dog Sack Lunch 2. PBJ/Wow Sandwich Sack Lunch
3. Grab & Go Pizza

SURF'S UP

WITH SCHOOL BREAKFAST™

MARCH 4-8, 2024 | #NSBW24 |

#SURFSUPWITHSCHOOLBREAKFAST

TRY BREAKFAST@SCHOOL!

DON'T 4-GET!

Take at least ONE

FRUIT or VEGGIE

and at least THREE
items total so your meal
counts as a complete lunch!

LOCAL HARVEST OF THE MONTH

FRUIT Strawberries



Strawberries are the most
popular berries, and they're
nutritious, too. A half-cup
of strawberries supplies
nearly three quarters of
your daily vitamin C and
more fiber than a slice of
whole wheat bread.

OF THE MONTH

Featured Specials of the Day

Monday, March 11

Blueberry Mini Pancakes, Mini Cinnamon Bagels,

1. BBQ Sandwich, 2. Mini Corn Dogs,
Carrot Sticks w/ Ranch, Baked Beans,
Sliced Pears

Tuesday, March 12

WG Muffin w/ Yogurt, Breakfast Bun

1. Cheeseburger, 2. Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Seasoned Fries,
Celery Sticks, Sliced Peaches

Wednesday, March 13

Pancakes & Sausage, Donut Holes, Assorted Cereal,

1. Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich
w/ Chips 3. Crisпитos, Salsa, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, March 14

Blueberry Pancake Stick, Frosted Breakfast Pastry,

1. Teriyaki Chicken & Rice, 2. PBJ/Wow Sandwich
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch
Frozen Juice Cup

Friday, March 15

Chicken Biscuit, Assorted Cereal,

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich
w/ Chips, 3. Corn Dog, Whole Kernel Corn,
Garden Salad w/ Ranch,
100% Fruit Juice

**EAT BETTER. PLAY HARDER.
LIVE HEALTHIER. LEARN EASIER.**

WELLNESS IS A WAY OF LIFE!

Featured Specials of the Day

Monday, March 18

Strawberry Mini Pancakes, Breakfast Bun

1. Crisпитos 2. MaxSnax Tacos, 3. PBJ/Wow Sandwich
w/ Chips Salsa, Black Beans, Carrot Sticks w/ Ranch,
Pineapple Tidbits

Tuesday, March 19

WG Muffin w/ Yogurt, Apple Cinnamon Toast

1. Sloppy Joe Sandwich 2. Spicy Chicken Sandwich,
3. Garden Salad w/ Chicken, Garden Salad w/ Ranch,
Potato Tots, Applesauce

Wednesday, March 20

Sausage Biscuit, Assorted Cereal,

1. Chicken Alfredo w/ Roll, 2. PBJ/Wow Sandwich
w/ Chips 3. Popcorn Chicken w/ Roll, Steamed
Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 21

Mini Pancake Wraps, Frosted Breakfast Pastry,

1. Chicken & Waffles 2. PBJ/Wow Sandwich
w/ Chips, Sweet Potato Fries, Celery Sticks w/ Ranch
Frozen Juice Cup

Friday, March 22

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza,
2. PBJ/Wow Sandwich w/ Chips, 3. Hot Dog, Whole
Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Featured Specials of the Day

Monday, March 25

Blueberry Mini Pancakes, Mini Cinnamon Bagels,

1. BBQ Sandwich, 2. Mini Corn Dogs, Carrot Sticks
w/ Ranch, Baked Beans, Fresh Strawberries

Tuesday, March 26

WG Muffin w/ Yogurt, Breakfast Frudel

1. Cheeseburger, 2. Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Seasoned Fries,
Celery Sticks, Sliced Peaches

Wednesday, March 27

Sausage Biscuit, Assorted Cereal, 1. Chicken Nuggets
w/ Roll 2. PBJ/Wow Sandwich w/ Chips Steamed
Broccoli, Mashed Potatoes, Fresh Apple

Thursday, March 28

Breakfast Pizza, Frosted Breakfast Pastry,

1. Orange Chicken & Rice, 2. PBJ/Wow Sandwich
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch
Frozen Juice Cup

Friday, March 29

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust
Pizza, 2. PBJ/Wow Sandwich w/ Chips, 3. Corn Dog,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

LINQ Connect

Online School Meal Payment Portal

SPRING BREAK

**NO SCHOOL:
APRIL 1ST-5TH**